



THE FIRST ANNUAL  
GATHERING OF SPEED BAG TALENT  
FROM ACROSS THE NATION AND AROUND THE WORLD

# SPEEDB.A.G.

## 2010

JUNE 18·19·20  
AT  
REAL GYMM  
22 W. FRONT ST., KEYPORT, NEW JERSEY

### 3 Days of Non-Stop Speed Baggin' Action Including:

Classes • Punch Drumming • Contests • Videos • Skits • Free Styles • Equipment Reviews  
Raffles • Bag Autographing • Outdoor Baggin' in the Jersey Sunshine • and Much More.

**Don't Miss the World's Largest Speed Bag Event of the Year!**



ALAN KAHN  
Author, Speed Bag Bible

This event  
will be a "Who's Who" of the  
speed bag community.  
And best of all, it's open to the public  
and to anyone interested  
in attending. All skill levels  
will be in attendance — this is a  
fantastic opportunity to learn!



ZACH "SPEEDBAG SKUNK"  
RUFFO  
Speed Bag Expert

A registration fee of \$50 will be applied to all attendees  
to help defray costs, but no need to pay until you attend!

If you plan on attending, or have questions, please contact Tim Platt (speedbagforum.com administrator) via e-mail or via speedbagforum.com  
<http://speedbag2010.com>

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